

Discovery House Family Violence Prevention Society

POSITION TITLE:	Trauma Therapist
REPORTS TO:	Team Lead, Counseling
POSITION TYPE:	Full-time, Permanent
LOCATION:	Calgary, Alberta

What We Do:

Discovery House Family Violence Prevention Society provides a continuum of care and integrated wrap-around services to women and their children fleeing domestic violence. We facilitate transitional housing and offer longer-term, safe places for women and children to call home while they begin to rebuild their lives. Discovery House is about hope and healing using trauma-informed care practices.

What Our Employees Love:

- 3 weeks of vacation to start
- Eligible positions can work from home up to 3 days per week with our Flexible Work Policy
- Additional time off – Sick Days, Wellness Days, and Professional Development Days
- Benefits Package and Employee and Family Assistance Program
- A dog friendly workplace
- We observe all General Holidays in Alberta (including the optional ones) and employees may substitute religious holidays for celebrations that are relevant to their cultural identity
- Our Committees – Health & Safety; Diversity, Equity, & Inclusion; Indigenous; and Social & Wellness
- Potlucks, celebrations, work-life balance, and plenty of fun

We are building towards an inclusive and equitable workplace that reflects the diversity of the communities we live in, creating the opportunity for every employee to reach their potential. We welcome applications from people in all underrepresented groups, believing we are at our best when everyone has a seat at the table. If you don't have all the qualifications for the position but are willing to learn, we invite you to apply. Accommodations are available upon request throughout every stage of our recruitment process.

What You'll Do:

The Counseling program provides one-on-one counselling for both moms and children, as well as group programs designed to understand the impacts of domestic violence, increase self-esteem and self-efficacy, improve communication skills and relationships, and address the experience of trauma. The Trauma Therapist is responsible for facilitating assessments, providing supportive counselling, facilitating groups, supporting community connections, and developing treatment plans aimed at improving the overall well-being and functioning of clients recovering from the trauma of family violence. This position is part of a Housing First case management team and works closely with the Community Housing Program, Shelter Program and Child and Youth Program teams to address a family's practical and emotional needs.

- Perform assessments, formulate treatment plans, and provide support to client families who are recovering from the trauma of family violence and experiencing mental health issues, addictions, and/or other psychosocial concerns
- Provide support to client families in need of emergency mental health support and crisis support
- Facilitate group programming for adults and children
- Initiate and track referrals to longer term and specialized treatment options, as needed
- Collaborate with community agencies to advocate toward meeting the needs of the client family
- Initiate and participate in case conferences with necessary parties as required
- Participate in regular individual and group supervision
- Establish and maintain appropriate documentation, record keeping, and statistics as required for clinical program standards
- Keep accurate and up to date file notes
- Submit expense records, statistical records, and time reports monthly
- Demonstrate a professional attitude and practices and maintain ongoing professional development
- Other duties as required

What You'll Bring:

- Masters of Social Work or related post-graduate degree in Psychology, Community Rehabilitation or other human/health services field and three to five years of counseling and assessment experience with vulnerable populations; an equivalent combination of education and experience may be considered. A Bachelor's degree in Human/Health Services is required
- Training, experience, or certification in Family Therapy is an asset
- Knowledge of family violence as a clinical and social issue related to poverty and homelessness
- Registration with the appropriate professional discipline recommended
- Working knowledge of Trauma Informed Practice, Cognitive Behavioural Therapy, and Dialectical Behaviour Therapy techniques
- Strong counseling, assessment, crisis management, and psychosocial intervention skills
- Working knowledge of the DSM-IV-TR and DSM 5
- Understanding of the Housing First and Harm Reduction models
- Working knowledge of Attachment Theory, Neurosequential Model of Therapeutics, and Brain Story Certification is an asset
- Analytical and problem-solving skills
- Knowledge of legislation and regulations and community resources
- Proven ability to plan and prioritize tasks and work independently and in a team environment
- Strong communication and organizational skills
- Current first aid and CPR certification is desirable
- Valid driver's license and reliable vehicle required

The successful candidate will be required to complete a Criminal Record and Vulnerable Sector Check and an Intervention Record Check.

TO APPLY:

Please send your resume and cover letter to careers@discoveryhouse.ca stating the job title in the subject line. We thank all applicants; however, only those selected for an interview will be contacted.

We acknowledge that we live, work, and play on the traditional territories of the Blackfoot Confederacy (Siksika, Kainai, Piikani), the Tsuut'ina, the Îyâxe Nakoda Nations (Bears paw, Chiniki, Wesley), the Métis Nation (Region 3), and all people who make their homes in the Treaty 7 region of Southern Alberta.